



## Foodie Friday

Baklava Parfait

Filling, sweet,  
creamy,  
crunchy, and  
oh-so-  
satisfying!

**Cheney**   
**Brothers**

# Foodie Friday

## Baklava Parfait

### Ingredients

- 1 cup plain Greek yogurt
- 1/3 cup shelled unsalted pistachios
- 1 tablespoon dried apricots
- 1 pinch of lemon zest
- 1/2 tsp ground cinnamon
- 1/4 cup crumbled granola
- 1/4 cup of honey



# Instructions

## Foodie Friday

### Baklava Parfait

#### Step 1.

Chop nuts and dried apricots then toss with cinnamon.

#### Step 2.

Sprinkle a pinch of lemon zest over the granola

#### Step 3.

Spoon about half of Greek yogurt into the bottom of a parfait bowl. On top of yogurt, sprinkle about half of the pistachios, dried apricots diced, and crumbled granola.

#### Step 4.

Drizzle with honey.

#### Step 5.

Repeat with second half of ingredients, starting with yogurt.

#### Step 6.

Drizzle with additional honey for a beautiful finish.

**Cheney**   
**Brothers**